





Menu 2

Week Commencing:

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast</p>	Selection of cereals and toast (V, C, G, A)	Selection of cereals and toast (V, C, G, A)	Selection of cereals and toast (V, C, G, A)	Selection of cereals and toast (V, C, G, A)	Selection of cereals and toast (V, C, G, A)
<p>Snack</p> 	Sliced fresh apple and dried mixed fruit (V, L) Milk (G)	Cucumber sticks (V) Milk (G)	Sliced pineapple (V.) Milk (G)	Cream cheese and crackers (V, A, G) Milk (G)	Fresh carrot soldiers (V) Milk (G)
<p>Lunch</p> 	Sausage, bean and vegetable cobbler (A, I, F) Banana and cream (V, G,) Water	Macaroni cheese (V, A, G, I) Pear upside down pudding and custard (V, A, C, G) Water	Salmon and pea risotto (A, D, I, G) Syrup sponge and evaporated milk (V, A, C, G) Water	Pork ragu and new potatoes (A, G) Apricot pie and custard (A, G, V) Water	Sweet and sour chicken and rice (A) Semolina (V, A, F, G) Water
<p>Tea</p> 	Cucumber, tomato and mint cous cous (V, A,) Rice crispy cake (V, A, G) Milk (G)	Beans with white and brown bread and butter (V, A, F) Fresh apple and pears (V,) Milk (G)	Toasted Muffins (V, A, F) Homemade carrot cake (V, A, C, L) Milk (G)	Tomato and ham wraps (A, I) Orange wedges (V) Milk (G)	Tuna sandwiches on white and brown bread (D, A, F) Homemade ginger biscuits (V, A)
<p>Baby Tea</p> 	Cucumber, tomato and mint cous cous (V, A) Rice Cake (V)	Beans and bread fingers (V, A, F) Fresh stewed apples (V)	Cheesy mash (V, G) Yoghurt (V, G, F)	Fresh vegetable pasta (V, A) Orange wedges (V)	Spaghetti hoops and soldiers (V, A, F) Pureed fresh pear (V)